

Rialto Unified School District

Oct 2, 2023 thru Oct 6, 2023

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/02/2023																
PRESCHOOL	Total	1000														
Burrito, Bean & Chz '22	1 each	700	577	60	1278	5.65	4.01	612.4	701	2.48	*1	25.15	59.92	26.12	13.02	*0.00
SALAD 3/WAY, side, 2021	servings	900	18	0	13	1.00	0.10	6.5	1853	4.22	*1	0.78	3.89	0.06	0.01	*0.00
Pears, In Extra Light Syrup	serving	900	60	0	5	2.00	0.00	0.0	60	1.2	12	0.0	16.0	0.0	0.00	0.00
DRESSING, RANCH	1 oz	400	65	6	150	0.03	0.02	18.0	1	0.16	*1	0.52	2.01	7.1	1.19	*0.00
MILK, 1% HOLLANDIA 2017	1 EACH	900	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			608	58	1106	6.67	2.90	756.7	2663	8.84	*25	28.41	75.05	23.43	10.95	*0.00
% of Calories											*16.4%	18.7%	49.4%	34.7%	16.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 10/03/2023																
PRESCHOOL	Total	1000														
CORN DOG, MINI	SERVING	1000	260	40	410	2.00	1.44	20.0	0	0.0	5	11.0	22.0	14.0	3.00	0.00
BEANS, BLACK SEASONED-2012	1/2 CUP	900	126	0	323	9.50	2.68	52.0	48	4.15	*0	8.32	22.99	0.43	0.11	*0.00
APPLES, Fresh sliced 2017	pkg. (3 oz)	900	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
CATSUP	.5 oz	900	17	0	125	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.34	0.0	0.00	*N/A*
MILK, 1% HOLLANDIA 2017	1 EACH	900	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			542	53	949	13.25	4.02	390.8	538	172.76	*26	28.38	70.89	16.63	4.45	*0.00
% of Calories											*19.0%	20.9%	52.3%	27.6%	7.4%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 10/04/2023																
PRESCHOOL	Total	1000														
TERIYAKI BEEF DUNKERS	SERVING (4each)	1100	159	39	382	0.60	1.60	14.0	49	0.0	9	13.6	11.7	6.5	2.60	0.00
RICE, ORIENTAL-BROWN RIC E-2014	1/2 CUP	1000	97	1	133	1.12	0.44	2.9	1	0.44	*0	2.79	19.61	0.98	0.04	*0.00
BROCCOLI, raw: fresh	Serving	1000	15	0	15	1.18	0.33	21.4	283	40.59	1	1.28	3.02	0.17	0.01	*N/A*
BANANAS	1 EACH	1000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
DRESSING, RANCH	1 oz	1000	65	6	150	0.03	0.02	18.0	1	0.16	*1	0.52	2.01	7.1	1.19	*0.00
MILK, 1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			562	65	869	5.62	2.81	412.7	904	52.37	*38	31.65	76.58	18.23	5.71	*0.00
% of Calories											*26.9%	22.5%	54.5%	29.2%	9.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Oct 2, 2023 thru Oct 6, 2023

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/05/2023																
PRESCHOOL	Total	1000														
Pozole, Red Turkey/22 CK	14 oz	600	151	26	1415	2.22	1.60	19.8	622	2.11	*2	12.02	16.01	3.9	1.57	*0.00
TORTILLA CHIPS-2021	SERVING.	1000	280	0	200	6.00	3.60	80.0	200	0.0	*N/A*	4.0	38.0	12.0	2.00	0.00
CABBAGE, SHREDDED	Serving	1000	13	0	9	1.31	0.25	21.0	51	19.22	2	0.67	3.05	0.05	0.02	*N/A*
Pears, Fresh sliced PS .25 cup	serving	1000	20	0	0	1.09	0.06	3.2	9	1.51	3	0.13	5.33	0.05	0.01	*N/A*
MILK, 1% HOLLANDIA 2017	1 EACH	1100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			535	32	1224	9.73	4.87	501.0	1183	24.63	*22	24.11	73.58	17.19	4.62	*0.00
% of Calories											*16.3%	18.0%	55.0%	28.9%	7.8%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Fri - 10/06/2023																
PRESCHOOL	Total	1000														
FISH STICKS, POLLOCK -2013	SERV.(4 sticks)	1000	210	55	290	3.00	1.44	60.0	0	0.0	0	18.0	23.0	5.0	0.50	0.00
POTATO FROZEN,FRNCH-2021	SERVING	1000	120	0	40	1.00	0.72	0.0	0	0.0	0	2.0	20.0	3.5	0.50	0.00
APPLES,Fresh	1 EACH	1000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
CATSUP	1 oz	1000	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			555	70	748	7.31	2.33	418.3	741	10.75	35	31.36	86.40	11.23	2.54	*0.00
% of Calories											25.2%	22.6%	62.3%	18.2%	4.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Weighted Average																
			561	56	979	8.52	3.39	495.9	1206	53.87	*29	28.78	76.50	17.34	5.65	*0.00
											*46.7%	20.5%	54.6%	27.8%	9.1%	*0.0%

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Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	561		Weekly Target	550 - 650	100%	Miss Data	Shortfall	Overage	Error Messages (if any)								
Cholesterol (mg)	56																
Sodium (mg)	979			1230													
Fiber (g)	8.52																
Iron (mg)	3.39																
Calcium (mg)	495.9																
Vitamin A (IU)	1206																
Sugars (g)	29	20.75%				Missing											
Vitamin C (mg)	53.87																
Protein (g)	28.78	20.54%															
Carbohydrate (g)	76.50	54.58%															
Total Fat (g)	17.34	27.84%		<=30.00%													
Saturated Fat (g)	5.65	9.08%		<10.00%													
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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Rialto Unified School District

Oct 9, 2023 thru Oct 13, 2023

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/09/2023																
PRESCHOOL	Total	1000														
CHILI FRIES w/cheese-2021	SERVING,	1000	388	12	677	9.53	3.60	179.4	508	19.14	*3	15.51	59.72	9.99	3.56	*0.00
SALAD 3/WAY, side,2021	servings	2000	18	0	13	1.00	0.10	6.5	1853	4.22	*1	0.78	3.89	0.06	0.01	*0.00
GRAPES,FreshPS	Serving	2000	15	0	0	0.21	0.07	3.2	23	0.92	4	0.14	3.94	0.08	0.03	*N/A*
DRESSING, RANCH .50oz	Servings	600	32	3	65	0.01	0.01	8.9	1	0.08	0	0.26	0.99	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	800	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			570	26	864	11.95	3.93	484.3	4661	31.39	*23	26.32	88.77	14.40	5.19	*0.00
% of Calories											*16.5%	18.5%	62.2%	22.7%	8.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 10/10/2023																
PRESCHOOL	Total	1000														
Spagh.w/Meat &Noodle-Roll-2020	3/4 CUP	900	384	47	928	8.21	5.25	97.1	611	10.57	*6	24.46	54.28	9.94	2.97	*0.00
SALAD 3/WAY, side,2021	servings	900	18	0	13	1.00	0.10	6.5	1853	4.22	*1	0.78	3.89	0.06	0.01	*0.00
BANANAS	1 EACH	900	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
DRESSING, RANCH	1 oz	900	65	6	150	0.03	0.02	18.0	1	0.16	*1	0.52	2.01	7.1	1.19	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	900	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			609	61	1117	10.68	5.07	429.0	2727	23.52	*31	34.08	89.31	17.94	5.21	*0.00
% of Calories											*20.2%	22.4%	58.7%	26.5%	7.7%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 10/11/2023																
PRESCHOOL	Total	1000														
CHICKEN PATTY,WG/HMSTL B UN2015	1 EACH	900	338	50	666	5.00	2.16	300.0	142	1.0	3	22.0	43.0	10.0	2.00	0.00
BARBECUE BEANS -2018 PS	Servings	900	99	0	391	3.38	1.04	31.8	151	0.75	*5	4.05	22.6	0.32	0.06	*0.00
ORANGE WEDGES	EACH	900	62	0	0	3.14	0.13	52.4	295	69.69	12	1.23	15.39	0.16	0.03	*N/A*
CATSUP	1 oz	900	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	900	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			586	59	1326	10.37	2.99	660.8	1129	68.26	*37	34.45	94.80	11.68	3.23	*0.00
% of Calories											*24.9%	23.5%	64.7%	17.9%	5.0%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Oct 9, 2023 thru Oct 13, 2023

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/12/2023																
PRESCHOOL HOLIDAY	Total SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 10/13/2023																
PRESCHOOL HOLIDAY	Total SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			589	48	1102	11.00	4.00	524.7	2839	41.06	*30 *46.3%	31.62 21.5%	90.96 61.8%	14.68 22.4%	4.54 6.9%	*0.00 *0.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	589		550 - 650	100%				
Cholesterol (mg)	48							
Sodium (mg)	1102		1230					
Fiber (g)	11.00							
Iron (mg)	4.00							
Calcium (mg)	524.7							
Vitamin A (IU)	2839							
Sugars (g)	30	20.56%			Missing			
Vitamin C (mg)	41.06							
Protein (g)	31.62	21.49%						
Carbohydrate (g)	90.96	61.82%						
Total Fat (g)	14.68	22.44%	<=30.00%					
Saturated Fat (g)	4.54	6.94%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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Rialto Unified School District

Oct 16, 2023 thru Oct 20, 2023

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/16/2023																
PRESCHOOL	Total	1000														
MAC AND CHEESE 2016	1/2 CUP	800	298	50	352	2.13	1.54	359.4	687	0.16	2	15.81	24.55	15.55	9.82	*0.00
CELERY STICKS	serving	4000	12	0	59	1.19	0.15	29.7	333	2.3	1	0.51	2.21	0.13	0.03	*N/A*
GRAPES,Fresh	serving	4000	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
DRESSING, RANCH	.5 oz	1	32	3	75	0.02	0.01	9.0	1	0.08	*0	0.26	1.0	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	900	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			641	53	661	9.77	2.90	772.9	2701	26.22	*79	26.91	105.98	16.48	9.73	*0.00
% of Calories											*49.6%	16.8%	66.2%	23.2%	13.7%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 10/17/2023																
PRESCHOOL	Total	1000														
ENCHILADA, GREEN CHICKEN 2017	6.25 OUN CE	900	269	67	934	1.10	1.43	283.4	255	5.44	2	17.16	20.35	13.89	5.49	*0.00
SALAD 3/WAY, side,2021	servings	4000	18	0	13	1.00	0.10	6.5	1853	4.22	*1	0.78	3.89	0.06	0.01	*0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	4000	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
DRESSING, RANCH	.5 oz	1	32	3	75	0.02	0.01	9.0	1	0.08	*0	0.26	1.0	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			639	75	1043	16.99	2.40	671.2	8343	765.79	*54	29.58	97.86	15.24	6.48	*0.00
% of Calories											*34.1%	18.5%	61.3%	21.5%	9.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 10/18/2023																
PRESCHOOL	Total	1000														
Ch-Burger w/WhWheat Bun-2015EL	1 EACH	1000	295	46	730	3.40	3.23	166.0	163	0.0	5	22.09	31.5	10.3	3.75	*0.00
TOMATOES, GRAPE-2023	3/4 CUP	1000	20	0	6	1.34	0.30	11.2	931	15.31	3	0.98	4.35	0.22	0.03	*N/A*
BANANAS	1 EACH	1000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
CATSUP	.5 oz	1000	19	0	154	0.05	0.07	2.7	87	0.7	4	0.21	4.46	0.03	0.01	*N/A*
DRESSING, RANCH .50oz	Servings	1000	32	3	65	0.01	0.01	8.9	1	0.08	0	0.26	0.99	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			576	64	1106	7.43	3.87	543.8	1746	27.27	38	35.65	80.37	16.94	6.00	*0.00
% of Calories											26.3%	24.7%	55.8%	26.4%	9.4%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/19/2023																
PRESCHOOL	Total	1000														
TURKEY GRAVY -2022	3/8 CUP	1000	148	45	755	0.04	1.41	15.6	3	0.6	*0	18.21	6.29	5.02	1.65	*0.00
POTATO,MASHED,IDAHO REA L 2020	Servings	1000	23	0	91	0.26	0.08	8.6	0	0.0	0	0.52	4.65	0.13	0.00	*0.00
Roll, dinner,wh.wheat Galassos	1 each	1000	90	0	170	2.00	1.08	40.0	10	0.0	2	5.0	17.0	1.5	0.00	0.00
SALAD 3/WAY, side,2021	servings	1100	18	0	13	1.00	0.10	6.5	1853	4.22	*1	0.78	3.89	0.06	0.01	*0.00
ORANGES	1 EACH	1100	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.02	*N/A*
DRESSING, RANCH	1 oz	1100	65	6	150	0.03	0.02	18.0	1	0.16	*1	0.52	2.01	7.1	1.19	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	1100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			534	68	1360	5.97	2.81	518.5	2840	64.24	*29	38.25	64.43	17.40	4.64	*0.00
% of Calories											*22.0%	28.6%	48.3%	29.3%	7.8%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Fri - 10/20/2023																
PRESCHOOL	Total	1000														
Chicken & Waffles, WG 2019	Serving	900	314	34	623	4.00	3.08	40.0	109	87.0	5	19.0	39.0	10.0	2.00	0.00
CARROT PS, sticks	Serving	1100	18	0	30	1.23	0.13	14.5	7387	2.59	2	0.41	4.21	0.11	0.02	0.00
FRUIT MIX, Extra Light Syp PS	serving	1100	40	0	2	0.50	0.00	0.0	100	0.6	8	0.0	9.0	0.0	0.00	0.00
DRESSING, RANCH	1 oz	900	65	6	150	0.03	0.02	18.0	1	0.16	*1	0.52	2.01	7.1	1.19	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	900	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
SYRUP	1 OZ	1000	66	0	23	0.00	0.01	0.9	0	0.0	6	0.0	17.43	0.0	0.00	*N/A*
Weighted Daily Average			579	50	890	5.53	2.95	384.0	8785	84.12	*34	27.91	83.26	17.76	4.24	*0.00
% of Calories											*23.7%	19.3%	57.5%	27.6%	6.6%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Weighted Average																
			594	62	1012	9.14	2.98	578.1	4883	193.53	*47	31.66	86.38	16.76	6.22	*0.00
											*71.4%	21.3%	58.2%	25.4%	9.4%	*0.0%

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Rialto Unified School District

Oct 16, 2023 thru Oct 20, 2023

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

Page 3

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	594		550 - 650	100%													
Cholesterol (mg)	62																
Sodium (mg)	1012		1230														
Fiber (g)	9.14																
Iron (mg)	2.98																
Calcium (mg)	578.1																
Vitamin A (IU)	4883																
Sugars (g)	47	31.72%			Missing												
Vitamin C (mg)	193.53																
Protein (g)	31.66	21.33%															
Carbohydrate (g)	86.38	58.19%															
Total Fat (g)	16.76	25.41%	<=30.00%														
Saturated Fat (g)	6.22	9.42%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%			Missing												

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Rialto Unified School District

Oct 23, 2023 thru Oct 27, 2023

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

Page 1

Generated on: 9/11/2023 9:53:32 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/23/2023																
PRESCHOOL	Total	1000														
QUESADILLA,CHEESE, 2022	1 EACH	600	427	48	950	1.00	2.06	556.1	724	0.0	*0	18.94	33.15	23.97	12.38	*0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	1200	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
GRAPES,Fresh	serving	1200	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			574	47	979	5.97	3.09	809.1	1183	10.27	*36	31.28	76.18	18.15	9.41	*0.00
% of Calories											*25.0%	21.8%	53.1%	28.5%	14.8%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 10/24/2023																
PRESCHOOL	Total	1000														
Chicken,Tangerine-2014	SERV	1000	190	45	380	2.00	1.44	0.0	65	0.0	13	14.0	25.0	4.0	1.00	0.00
Noodles,Chow mein, Ling's 2015	1 CUP	1000	170	0	360	6.00	1.44	0.0	15	0.0	3	6.0	35.0	0.0	0.00	0.00
BROCCOLI,raw: fresh	Serving	900	15	0	15	1.18	0.33	21.4	283	40.59	1	1.28	3.02	0.17	0.01	*N/A*
Pears, In Extra Light Syrup	serving	900	60	0	5	2.00	0.00	0.0	60	1.2	12	0.0	16.0	0.0	0.00	0.00
DRESSING, RANCH .50oz	Servings	900	32	3	65	0.01	0.01	8.9	1	0.08	0	0.26	0.99	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	900	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			565	61	952	10.88	3.19	342.2	840	39.84	40	31.29	92.41	9.60	2.90	*0.00
% of Calories											28.6%	22.2%	65.4%	15.3%	4.6%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 10/25/2023																
PRESCHOOL	Total	1000														
SLOPPY JOE on Wheat Bun-2015	SERVINGS	600	421	57	578	4.93	4.81	132.4	400	5.34	*9	25.93	47.96	15.46	4.96	*0.78
SALAD 3/WAY, side,2021	servings	2000	18	0	13	1.00	0.10	6.5	1853	4.22	*1	0.78	3.89	0.06	0.01	*0.00
BANANAS	1 EACH	2000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
DRESSING, RANCH	1 oz	600	65	6	150	0.03	0.02	18.0	1	0.16	*1	0.52	2.01	7.1	1.19	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			748	68	765	10.23	3.62	813.4	5076	34.12	*60	41.64	115.89	19.32	6.93	*0.47
% of Calories											*32.1%	22.3%	62.0%	23.3%	8.3%	*0.6%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Oct 23, 2023 thru Oct 27, 2023

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/26/2023																
PRESCHOOL	Total	1000														
CORN DOG, MINI	SERVING	1000	260	40	410	2.00	1.44	20.0	0	0.0	5	11.0	22.0	14.0	3.00	0.00
CARROT PS, sticks	Serving	900	18	0	30	1.23	0.13	14.5	7387	2.59	2	0.41	4.21	0.11	0.02	0.00
APPLES, Fresh sliced 2017	pkg. (3 oz)	900	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
DRESSING, RANCH .50oz	Servings	900	32	3	65	0.01	0.01	8.9	1	0.08	0	0.26	0.99	3.55	0.59	*0.00
CATSUP	.5 oz	900	17	0	125	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.34	0.0	0.00	*N/A*
MILK, 1% HOLLANDIA 2017	1 EACH	900	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			474	56	744	5.82	1.73	365.0	7144	171.42	*28	21.50	54.88	19.54	4.90	*0.00
% of Calories											*23.5%	18.1%	46.3%	37.1%	9.3%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Fri - 10/27/2023																
PRESCHOOL	Total	1000														
Penne, Alfredo, Chicken CK '23	3/4 CUP	1500	201	35	503	6.36	1.22	173.9	83	0.77	*1	16.27	21.93	4.94	1.83	*0.00
SALAD 3/WAY, side, 2021	servings	900	18	0	13	1.00	0.10	6.5	1853	4.22	*1	0.78	3.89	0.06	0.01	*0.00
Pears, In Extra Light Syrup	serving	900	60	0	5	2.00	0.00	0.0	60	1.2	12	0.0	16.0	0.0	0.00	0.00
DRESSING, RANCH	1 oz	900	65	6	150	0.03	0.02	18.0	1	0.16	*1	0.52	2.01	7.1	1.19	*0.00
MILK, 1% HOLLANDIA 2017	1 EACH	900	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			539	71	1041	12.26	1.93	597.9	2297	8.34	*26	35.48	66.99	16.11	5.17	*0.00
% of Calories											*19.3%	26.3%	49.7%	26.9%	8.6%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Weighted Average			580	61	896	9.03	2.71	585.5	3308	52.80	*38	32.24	81.27	16.54	5.86	*0.09
											*59.0%	22.2%	56.1%	25.7%	9.1%	*0.1%

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Rialto Unified School District

Oct 23, 2023 thru Oct 27, 2023

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

Page 3

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	580		550 - 650	100%													
Cholesterol (mg)	61																
Sodium (mg)	896		1230														
Fiber (g)	9.03																
Iron (mg)	2.71																
Calcium (mg)	585.5																
Vitamin A (IU)	3308																
Sugars (g)	38	26.24%			Missing												
Vitamin C (mg)	52.80																
Protein (g)	32.24	22.24%															
Carbohydrate (g)	81.27	56.06%															
Total Fat (g)	16.54	25.68%	<=30.00%														
Saturated Fat (g)	5.86	9.10%	<10.00%														
Trans Fat ¹ (g)	0.09	0.15%			Missing												

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Rialto Unified School District

Oct 30, 2023 thru Oct 31, 2023

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

Page 1

Generated on: 9/11/2023 9:58:37 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/30/2023																
PRESCHOOL	Total	1000														
Burrito, Bean & Chz '22	1 each	700	577	60	1278	5.65	4.01	612.4	701	2.48	*1	25.15	59.92	26.12	13.02	*0.00
SALAD 3/WAY, side,2021	servings	900	18	0	13	1.00	0.10	6.5	1853	4.22	*1	0.78	3.89	0.06	0.01	*0.00
Pears, In Extra Light Syrup	serving	900	60	0	5	2.00	0.00	0.0	60	1.2	12	0.0	16.0	0.0	0.00	0.00
DRESSING, RANCH	1 oz	400	65	6	150	0.03	0.02	18.0	1	0.16	*1	0.52	2.01	7.1	1.19	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	900	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			608	58	1106	6.67	2.90	756.7	2663	8.84	*25	28.41	75.05	23.43	10.95	*0.00
% of Calories											*16.4%	18.7%	49.4%	34.7%	16.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 10/31/2023																
PRESCHOOL	Total	1000														
Tostada, Beef Crumbles '22	1 EACH	600	280	44	750	4.42	2.34	141.6	901	6.24	*3	16.26	18.76	15.74	5.94	*0.00
LETTUCE, SHREDDED	Serving	2000	10	0	7	0.86	0.30	13.0	361	2.02	1	0.65	2.14	0.1	0.01	*N/A*
APPLES,Fresh	1 EACH	2000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			572	56	767	11.01	2.33	827.5	2413	25.27	*61	33.77	85.65	15.11	6.66	*0.00
% of Calories											*42.8%	23.6%	59.9%	23.8%	10.5%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			590	57	937	8.84	2.61	792.1	2538	17.06	*43	31.09	80.35	19.27	8.80	*0.00
											*65.7%	21.1%	54.5%	29.4%	13.4%	*0.0%

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Rialto Unified School District

Oct 30, 2023 thru Oct 31, 2023

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

Page 2

Generated on: 9/11/2023 9:56:37 AM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*									
Calories	590		550 - 650														
Cholesterol (mg)	57																
Sodium (mg)	937		1230														
Fiber (g)	8.84																
Iron (mg)	2.61																
Calcium (mg)	792.1																
Vitamin A (IU)	2538																
Sugars (g)	43	29.20%				Missing											
Vitamin C (mg)	17.06																
Protein (g)	31.09	21.08%															
Carbohydrate (g)	80.35	54.48%															
Total Fat (g)	19.27	29.40%	<=30.00%														
Saturated Fat (g)	8.80	13.43%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing											

*Data comparisons are not available for one or two day selections

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